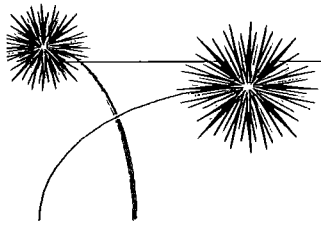


GLIDDEN NEWSLETTER

July 2013



Holiday Closing

The City Office, Maintenance shop & Library will be Closed Thursday, July 4th for Independence Day.

Your Help is Needed to Control our Electric Peak!!

Hot weather means higher power consumption, and cutting back on power during high consumption periods can save you and all of Glidden residents' money. By controlling our peak electric demand, the City controls our wholesale electric charges which, in turn, saves all residents money. Every citizen can help control our electric peak and save you money.



Brush Pile Regulations

The City brush pile is open for Glidden residents only. The City reminds its residents that only tree limbs, brush and grass clippings which were generated within the City limits may be taken to the City's brush pile. Please remove all plastic bags from the brush pile. It is a violation of the City Code to use the brush pile for anything other than this use. Violators may receive a fine of up to \$100 for the first violation and up to \$200 for each subsequent violation. Many residents appreciate the use of the brush pile - please observe these rules so that the brush pile can remain a community asset.

Water Aerobics ... Tone in the Pool!

If you were busy in June, you have another chance to start the water aerobics class for the last half! The class will start Sunday July 7th thru Wednesday August 7th. (15 classes) Classes are held Sunday, Monday, Wednesday at 7:00pm. Registration is \$25 member, \$30 non member. Come join the fun!

2013 Street Improvements Project's



The street projects are underway in Glidden! The road is closed by the Coop and Sherwood Avenue (north of Aquatic Center). East First Street is scheduled to be completed September 1st and Sherwood Avenue October 1st. Please use caution when driving in these areas. Also scheduled to be resurfaced is the Northland Park trail. During this construction, the trail will be closed to the community.

Glidden FFA Alumni Fun Day 5K Run/Walk

Date: Saturday, August 3rd
Check In Time: 7:45am
Start Time: 8:00am
Cost: \$10.00 Adult Entry Fee
Kids Free! Families, pets, baby joggers, and bikes are all welcome.

Beyond Hydration

Fluids are vital to help your muscles function through out your activity— but so is your blood sugar. You need to eat a light meal or snack of as least 100 calories about an hour or so before your activity. The nutrients from the snack will help you perform better and keep hunger from interfering with your activity. The best snacks combine healthy carbohydrates, protein, and small amount of fat. Fruit, yogurt, nuts, and granola bars are all good examples.

Penny Dive

Iowa Savings Bank Penny Dive is Friday, August 2nd at 2:00pm at the Glidden Aquatic Center. Ages 14 & under— Over \$100 in coins! Come join the fun!

Fun Day

Sponsored by Glidden-Ralston FFA & Alumni

August 3, 2013
City Park · Glidden, Iowa

Schedule of Events

- 7:30 Sausage gravy and biscuit breakfast (City Park)
Sponsored by Reever Family Farms. Public is welcome!
- 7:30 Registration begins for Tractor Ride (City Park)
Special drawing for one entry pass on the WHO Great Iowa Tractor Ride for all tractor ride participants.
- 8:00 5K Fun Run/Walk (City Office)
*There is a \$10 entry fee for 5K Fun Run/Walk by 7/26 (includes t-shirt).
\$15 adult entry fee after 7/26. Kids free.*
- 9:00-12:00 Registration for Auto Show (City Park)
*There is a \$10 entry fee for both the tractor ride and auto show.
Entry fee includes meal and one raffle ticket.*
- 9:00-11:00 Tractor Ride
- 10:30 Registration for Parade (Lincoln Club Parking)
- 11:00 Parade Begins Concession Stand opens at City Park following parade
Route 7th Street to Montana Street to 5th Street to Dakota Street to 3rd Street to Park
- 12:00 -3:00 American Legion Auxillary Bingo at open shelter house
- 12:00-5:00 Inflatables, Children's Games and Treasure Hunt
- 12:00-4:00 Vendor/Craft Fair northeast corner of City Park
- 1:00 Dance Team performing north side of City Park
- 1:15 Auction Pork Packages, Glidden Pool Season Pass and much more
- 2:00 Pedal Tractor Pull & Minute to Win It
- 3:00 Raffle Drawing

For more information contact:

Brenda Wittrock, Glidden FFA Alumni President 712-371-2440
Tom Weber, Glidden Fire Dept, Auto Show 659-2246
Donna Kinnick, Parade 659-3185
Suzy Danner, 5K Fun Run/Walk 659-3010
Karen Caraher, Vendor/Craft Fair 712-830-7586
Matt Conner, Tractor Ride 712-830-6557
Pat Fay, Tractor Ride 659-7012

*Raffle with proceeds going to
Glidden-Ralston FFA Chapter*

Cash Prizes:

\$300, \$200, \$100 and two \$50

Tickets: 1-\$2.50 10-\$20.00

For more information about Glidden FFA Fun Day go to <http://www.kernenscattle.com/grffafunday.html>